



TCM ACADEMY
Of Integrative Medicine

Oncology Acupuncture

International Certificate Program

001

Program Booklet - August, 2020

Please visit our website for the most up to date program information

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1. Program Description

This is the most comprehensive program in the field of oncology acupuncture today. A team of worldwide experts in the field of TCM Oncology have collaborated to share their knowledge of and passion for this subject to create this Gold Standard training program.

Join over 350 practitioners worldwide who have taken this innovative international program and become part of a network of excellence.

This program includes state of the art eLearning courses from leading professionals (16 hours), as well as live streamed classes delivered by our team of experts in Chinese and western medicine (16 hours) and comprehensive homework assignments and handouts (20 hours). It has been specially tailored to create and support deep learning and understanding and to allow for immediate clinical use.

The courses within this program are accredited by associations and schools around the world. See Chapter 5 for more information.

Oncology Acupuncture is a fast growing specialism in the field of Chinese medicine (CM/TCM). Research demonstrates that acupuncture is useful for symptoms management in cancer patients. There is a growing need for practitioners with the skills and confidence to treat people with cancer at all stages of their cancer journey.

This program provides the essential Western and Chinese medical information and the **practical tools** necessary for practitioners of TCM to achieve the high level of skills required to treat cancer patients, reduce suffering and promote healing.

It will increase your confidence when treating cancer patients and survivors and improve your ability to communicate effectively with patients and medical staff.

By taking this program you will **discover the exceptional evidence base** that demonstrates the extensive benefits that oncology acupuncture provides to cancer care.

After completing each course you will receive a digital printable certificate.

You will have one year to complete the whole program, the eLearning module and the live streaming module. Once you have completed the final assignment, you will receive the **Program Diploma**.

The study techniques that eLearning requires may be new to you. Whilst allowing the freedom to progress at your own pace, and to easily repeat and clarify something you may have missed, it also demands self discipline. To maximise your experience, please read our eLearning study recommendations in Chapter 7

In chapter 8 you will find more technical information about the live streaming sessions.

Disclaimer: This is an International course aimed at providing you with the best and most updated information. Before practicing herbs, acupuncture and any other supplementary treatments please be sure to check out the current laws and regulation situation in your own country regarding these practices.

2. Learning Goals

This program is designed to **strengthen confidence in your clinical abilities** as a Chinese medicine practitioner as well as increasing your knowledge and fluency of western medicine (WM).

As more of us undergo specialist oncology acupuncture training and start to work within this field **TCM will become increasingly integrated within WM** and **cancer patients will benefit**. There is a growing need and appetite for this integration and it is essential that practitioners of TCM Oncology have developed **high level specialist skills** to meet the challenges ahead.

Our vision is to support the development of practitioners who can integrate with and communicate the effectiveness of acupuncture in mainstream cancer care and treatment in an evidence based way. This program will **present groundbreaking insights, based on cutting edge research published in leading scientific journals** which will demonstrate how effective acupuncture is in significantly improving the quality of life of cancer patients, especially those undergoing chemotherapy.

Graduates of our program will be able to immediately **implement their knowledge** to support their cancer patients and will be able to transfer these skills to any patient within their practice.

3. Program Curriculum

This Program comprises of a mix of eLearning courses, live streaming and homework. A variety of learning tools will support your learning goals.

Each week will start with a live streamed meeting which will then be followed by home study at your own pace.

Please read the curriculum carefully so you can best prepare yourself for the program and ensure that you make the most out of it. If you have not studied online before please make sure to read chapter 7.

- **eLearning courses.** Learning at your own pace. (Click on a course to go directly to that course)
- ⦿ **Live Streamings.** Learning together – expert led with the opportunity to ask questions live and with your peers

Before the first live streaming

📖 Home Learning:

- After Registration you will get a link to the program's page on our website. Please take the first course listed there, called Welcome to Oncology Acupuncture International Certificate Program, to view the first videos and go over the information.
- [Welcome](#)
- [Clinical Research in Integrative Oncology: Challenges and Solutions](#) – 1 hr

Dr. Samuels MD highlights the challenges of researching CAM modalities and presents possible solutions.

- [Oncology Acupuncture Best Evidence](#) – 1 Hr.

This course presents the latest information in evidence based Oncology Acupuncture & TCM and how these methods can be applied in the clinic.

- [Early Diagnosis of Cancer](#) - 1 Hr.

Dr. Samuels, MD, explains risk factors & warning signs for an early diagnosis of cancer.

- [Cancer: An Introduction to Western Medical Understandings, Classifications and Diagnosis](#) - 1 Hr.

It is essential that you take this course before the first first live streamed event

Understand the different types of cancer and how a western medical Dr classifies the type and stage of cancer.

Week 1:

🕒 **Live streamed 1st meeting.** This will cover:

- Introduction.
- **WM Cancer in Western Medicine:** Your foundation to understanding cancer in western medicine.
- **CM Cancer in Chinese Medicine.** Physiology, Pathology; Cancer Differential Diagnosis (DD), Causes, Reaction to WM Tx.

📖 **Home Learning:**

- [Common Treatment Options in Cancer](#) - 1.5 Hrs.

Discover the different treatment options that the western medical system offers in cancer care

It is important that participants take this course before the 2nd live meeting

- [Treatment of Nausea in Cancer Patients](#) - 1 Hr.

This course covers pathology, acupuncture strategies & points that can be used with patients suffering from nausea and vomiting.

- [Precaution/Contraindication in Oncology Acupuncture](#) - 45 Min.

An in depth discussion of precaution & contraindication in Oncology Acupuncture.

Week 2:

🕒 **Live streamed 2nd Meeting:**

- Q&A + recap of the first week's training program
- **CM Personalized Diagnosis & treatment plan.** Oncology case studies.
- **WM & CM Breast cancer** treatment.

- **CM Fatigue** – Treatments & research.

 **Home Learning:**

- [Chemotherapy Induced Peripheral Neuropathy](#) – 30 min

Conventional medical perspective on chemotherapy induced peripheral neuropathy.

Taking this course before the 3rd live meeting will help you better go through the class.

- [Treatment of Radiation Side Effects](#) – 1.5 Hr.

The pathology of radiotherapy & acupuncture protocols for patients undergoing radiotherapy treatments.

- [Behind the Research: Functional MRI and Acupuncture](#) – 30 min

Functional magnetic resonance imaging changes and saliva production associated with acupuncture at Li 2 acupuncture point: a randomized controlled study.

Week 3:

 **Live streaming 3rd Meeting:**

- Q&A and recap of the 2nd week.
- **WM Therapy modalities:** Chemotherapy (Biological therapy, Immunotherapy).
- **WM Immune system:** Neutropenia, leukopenia, thrombocytopenia, Blood and other tests.
- **CM Treatment of Low immunity:** (Marrow, bone marrow, extra meridians and immunity. Special points to treat Zheng Qi, Wei Qi, Ying Qi, Acupuncture research on NK cells and Neutropenia)
- **CM Herbs research** LCS101, LCS102, Immunity & protection.
- **CM Treatment of Neuropathy** with acupuncture. Tx Protocols & research.

 **Home Learning:**

- [Treatment of Constipation in Cancer Patients](#) – 30 Min.

Acupuncture strategies & points used with patients suffering from constipation and digestive problems.

- [Treatment of Diarrhea in Cancer Patients](#) – 1 Hr.

Acupuncture strategies & points that can be used with patients undergoing cancer treatments, especially for those suffering from diarrhea.

- [TCM Botanical Formula LCS 101: Research and Use in Cancer Care](#)

Get to know the research behind the effectiveness of this innovative formula and its clinical usage.

Week 4:

Live streaming 4th Meeting:

- **CM Immunity.** Research of acupuncture and immunity in cancer care.
- **CM St 36 combinations** and protocols for a variety of cancer care options.
- **WM Endocrine therapy.** Drugs used and mechanism of action.
- **CM Treatment of side effects:** Hot flashes, Joint pain, NIH.
- **WM & CM - Old age and cancer.** The prevalence, treatment approach and special needs of the aging population in cancer care.
- **CM Special points** used in the treatment of oncology: 4 seas, 8 Hui points, command points, prevalence of unique points.
- **Body Mind:** importance of the mind-body relationship in different stages of cancer.

Home Learning:

- [Communication with Cancer Patients](#) - 1 Hr.

Communicate effectively with cancer patients and understand their emotions as they come to terms with their cancer diagnosis and start treatment.

- [Targeting the Hallmarks of Cancer with Nutrition](#)
- 1 Hr.

From Current Research to your Kitchen Table, this accessible course covers both theoretical and practical ideas about how nutrition can have an impact on cancer.

Week 5:

Home Learning:

- [Warning Signs of Cancer, East and West](#) - 30 Min

Discover the warning signs of cancer from a western medical perspective and explore them from a Chinese medical perspective. **A must-see lecture** in appreciating cancer from a TCM point of view.

- [Bladder Cancer: East and West: Integration, Research and New Findings](#) - 30 Min.

This course presents the model of integration which is based on trust and communication. Explore research findings, pathology and etiology of bladder cancer from both western and eastern medicine perspectives.

- [Outstanding Proof of TCM in Cancer Care](#) - 1 Hr.

Groundbreaking insights, based on recent research published in leading scientific journals demonstrate the effectiveness of acupuncture in significantly improving the quality of life of cancer patients, especially during chemotherapy.

- [Latest Research in TCM Oncology](#) - 50 Min.

Be inspired by cutting edge Chinese Medical research relating to the treatment of cancer including palliative care. This course covers acupuncture, herbal medicine, nutrition, and Qi-Gong.

Week 6:

- 🕒 **Live streaming Extra Curricular Meeting:**
 - Program Q&A.

4. Completing the Program/Certificate

You have one year to complete the program and receive the full program certificate.

Homework assignment

Upon completing the eLearning and live streaming modules you will have access to the Final Assignment where you will be guided through a self assessment assignment. On successful completion of this you will get your digital certificate indicating you have completed the Oncology Acupuncture International Certificate Program: Congratulations!

5. Program Benefits

Expand your acupuncture practice through comprehensive training.

Academic recognition

The following organisations have approved that courses in this program contribute towards your continuing education points. If you are not sure if your association approves this course, please contact us or your association prior to registration.

TCM Academy is an official **NCCAOM** Provider (#171739).

By completing the program you will be eligible for a total of 42 PDAs/CEUs. Each online course in the program is separately recognised by NCCAOM. The amount of PDA points is stated in the separate courses descriptions, all together they amount to 26 PDA Points. The live streaming classes are in total of 16 PDAs.





TCM Academy is a pre-approved provider of **NZASA**. Whilst we are a pre-approved provider for NZASA, we cannot guarantee that ALL of our content will align with the NZASA CPD categories. It is advisable that you seek guidance from NZASA if you are unsure.



TCM Academy courses are approved by **Acupuncture NZ** as 1 CPD per 1 Hour course. Please contact us if you require further clarification.

We are an official provider for **Florida Board Of Acupuncture**. Courses in this program are under the process of submission. Please refer to each course page to confirm its status.



Courses in the program are approved separately by the **AACMA**. Please visit individual course pages to confirm details of CPD points. **Total of 15 CPDs and pending**

Disclaimer for AACMA Members

AACMA advises its members that while information provided in seminars is for ongoing professional development, information provided in seminars may not comply with the practice codes and guidelines set down by the Chinese Medicine Board of Australia, and using the information and any research provided to promote treatments may breach Advertising Guidelines under The National Health Practitioner Regulation Law (2009).

All the courses in the program qualify for credit towards the Shu Lan College online MA/Phd program, approved by Nanjing University.



Don't see your association?

TCM Academy courses are in the process of approval by additional international acupuncture associations. We are pleased to answer your questions relating to specific requirements from your own association.

Always Studying

All pre-recorded video materials are available for you 24/7, provided that you have an internet connection. You can return to any point in any course easily and we recommend that you view the eLearning course materials several times to embed your learning.

We are constantly working on fine-tuning and expanding the material in this program. Therefore, any new videos added to the program will become available to you, as well as any other study materials.

Future Growth

Graduates of this program will enjoy special discounts for the forthcoming Advanced Oncology Program which will focus on specific cancers, advanced treatment protocols, more research, and will explore the role of nutrition, herbs and supplements in greater depth.

We believe in time and experience. We invite graduates of previous Oncology Acupuncture programs to join us at our live streaming events for a token fee. This will encourage deeper understanding, to learn from a different perspective, and to share their new found experience with undergraduates..

Specialization - Added Value

Upon successfully finishing the program you will be able to display your certification on your website and business cards. In the near future your

name and clinic will also be listed in our directory website of certified professionals.

6. Using TCM.AC Platform

After completing your purchase and registration of the Oncology Acupuncture program all courses will be open for you to start learning. Please see chapter 3 for the order of learning and the next chapter for eLearning tips.

If you register through an affiliated association, school or program, it could take a few days to receive your program access code or registration. Rest assured that we are working hard to get it to you started as quickly is possible.

If you have any questions, contact us at support@tcm.ac

7. Guidelines for eLearning

Our e-learning platform is well-suited for your busy schedule. Students can progress at their own pace. Since this kind of study requires self discipline we encourage you to plan ahead and set a schedule according to your abilities and availability. This will ensure an optimal learning experience and provide you with sufficient time to absorb the extensive Program materials.

The time required to complete each individual course is clearly marked. We hope that this will help you plan your time. We have edited individual courses to ensure that they contain all essential information in the most compact time.

Our videos are broken up into specific segments of knowledge. Often a segment is followed by a short quiz. This will help you to retain knowledge, take breaks and return to your studies easily.

Once you have answered all segments you will be asked to answer a final quiz. You are allotted 2 minutes per question but will probably need far less.

The quizzes are not exams. They are there to help you focus, absorb and remember the material.

While you can take the courses in any order you wish, we recommend that you study in the order listed above, in Chapter 3. We believe this order will optimise your understanding of the program materials and support your achievement of your program goals and ensure that you are prepared for the live streamed sessions.

Pre-recorded courses remain available for you indefinitely. We encourage you to watch them again whenever you are uncertain about a topic or wish to deepen and strengthen your knowledge.

We are confident that you will find this program engaging and supportive in your development as a practitioner. On a personal level, we also hope that it will simply help you as a fellow human being seeking to aid those who are experiencing suffering.

Handouts

The program has comprehensive handouts and homework assignments aimed at supporting your studies. We hope that these different learning techniques will encourage a deeper assimilation of knowledge.

Upon registration you get a link to download the handout for the eLearning courses. This handout includes self assessment homework which will benefit your study.

Some of the courses might have additional handouts with more information, where the teacher has chosen to give such.

For a variety of reasons, we cannot always provide all the slides of the classes or the links to research. You can always stop a video to take notes or re-watch again later.

Before each week's live streaming meeting you will receive a handout for that class.

8. Live Streaming

The live streamed components are integral to this program. They will deepen your understanding and will allow a direct interaction with teachers.

From our experience, the amount of information shared during these meetings is almost double when compared with face to face classes. Therefore we do not recommend that participants make extensive notes during lectures. Instead, we suggest that students open their hearts and minds and engage with the lectures and absorb whatever they can during the lectures. You can always watch the lectures again! **Another benefit of learning with us online!**

We strongly advise that you watch the classes on multiple occasions, in a less time pressured environment. This will enable you to recap details you might have missed. Live streaming classes will be recorded and made

available for you to rewatch. They will remain open for a year after the end of the program.

Our live streamings are done via Zoom. Zoom is a 3rd party application. You will be required to download this program to your computer and create an account with them in order to participate in the live meetings.

Links will be sent few days prior to the meeting and reminders 1 day and 1 hour before.

9. Past Programs



Belgium, May 2018 + May 2019



Poland, 15-16 March 2019



USA, July 2019



Chiway Switzerland, November 2019



Austria, January 2020



ABZMITTE Germany, February 2020



GOLDEN FLOWER
CHINESE HERBS USA, June 2020 - Live streaming due to Covid-19



UK, June 2020 - Live streaming due to Covid-19



International, June 2020